



Connection Made: Facilitating Effective Virtual Adolescent Reproductive Health Programs

Over the past few months, professionals and families across the country have adjusted to changes necessary to get information and services safely. This guide will highlight tips and resources to help youth-serving professionals effectively connect through reproductive health programs and other outreach activities.

3 Key Building Blocks for a Strong Foundation to Connect

Plan

- ✓ Consider staff support and other resources
- ✓ Reach out to colleagues, especially if your team has issues around staff capacity or resources
- ✓ Audit technology capabilities and research platforms based on needs and budget
- ✓ Work with your team to consider logistics and guidelines based on agency policies, including partner agreements
- ✓ Review strategic plans to ensure virtual activities are helping your team meet overall goals
- ✓ Prepare for next steps as guidelines could shift quickly based on public health guidelines

Engage

- ✓ Include activities and tools to optimize interaction
- ✓ Make sure your interactions and activities are inclusive and sensitive to race, culture, gender identity, physical ability and other social/emotional considerations
- ✓ Make sure topics are discussed with trauma and resilience in mind
- ✓ Use a team approach to facilitation - ensuring there is more than one trained adult providing support and education
- ✓ Evaluate and be intentional about getting feedback from participants as you consider continuous quality improvement

Follow-Up

- ✓ Create ways to keep in touch with participant cohorts within organizational guidelines
- ✓ Actually use evaluation results and other feedback to update programs
- ✓ Work with existing participants to recruit new cohorts

Key Takeaways



Collaborate



Evaluate



Listen



Engage



Interact



Communicate

Key Partners to Help Connect!

Urban League of the Upstate

Virtually, they have completed three cohorts of Love Notes implementation with teens, using the Zoom platform with the integration of the Mentimeter app. This app allows for real time engagement and interactions throughout the virtual and in-person presentation. It has been a major hit with their participants. A primary take away in transitioning to a virtual platform is the need to keep a moderately quick pace and high level of energy and engagement for success!

Lowcountry Youth Services

Virtually, the organization has facilitated Making Proud Choices with their adolescents. With an emphasis on engagement, small cohorts and collaboration among facilitators, the agency can provide interactive activities, adequate time for discussion and meaningful follow up with participants. Some key takeaways for the agency have been the importance of meeting young people where they are, being flexible and learning new technologies to better connect.

Resource Links to Keep the Connection

The Dibble Institute

dibbleinstitute.org/online-teaching-toolkit/

ETR

etr.org

Leading to Change

leadingtochange.com

Lowcountry Youth Services

lowcountryyouth.org

Mentimeter

mentimeter.com

Okay So

okayso.co

Urban League of the Upstate

urbanleagueupstate.org

The Academy for Adolescent Health

healthyteens.com

drmaryjopodgurski.com

Session Lab

sessionlab.com

Workshop and meeting platforms - as listed on Aventri.com

- ✓ Zoom
- ✓ Go to Meeting
- ✓ Cisco Webex
- ✓ Join.me
- ✓ HighFive
- ✓ Digitell
- ✓ Intrado
- ✓ Adobe Connect
- ✓ Google Hangouts
- ✓ Microsoft Teams
- ✓ Roundee
- ✓ Evia
- ✓ ezTalks Meetings
- ✓ Skype for Business
- ✓ ON24