Workshops & Trainings

Earn CEUs. Gain new skills.
Fact Forward has been training professionals for over 20 years. We offer a variety of workshops for anyone who works with teens and parents or implements sexual health programs.

For Everyone

**Askable Adult: Talking to Teens About Tough Topics**  
Improve your skills for talking with adolescents about delicate topics and answering sensitive questions. By becoming an Askable Adult, you will gain essential tools to support teens in making healthy decisions about relationships, love and sex.

**Reproductive Health 101**  
Gain a general overview of reproductive health as it relates to teen pregnancy prevention in South Carolina. Topics include reproductive anatomy and physiology, adolescent growth and development, HIV/STIs, and contraceptives.

**Roots & Wings Training**  
The goal of this workshop is to encourage parents to have open, honest conversations with their children. Parents will get tips on how to talk with their children about tough topics. This workshop does not include sexual health information.

**Trauma-Informed Care: A New Perspective on Adolescent Reproductive Health**  
Adolescents are constantly making decisions that are based on a variety of experiences, including some that might be traumatic. This workshop provides practitioners with a working knowledge of trauma-informed care that can effectively help with outreach and reproductive health program implementation with youth.

**Getting to Outcomes (GTO)**  
Getting to Outcomes is organized around a 10-step process to help communities plan, implement, and evaluate the impact of their programs that attempt to prevent risky behaviors among adolescents. This process is both a model for carrying out prevention programming with quality and a support intervention aimed at enhancing practitioner capacity. This workshop will help communities choose the best program available that meets their needs.

**Designing and Evaluation with Intent**  
The goals of this two-day training are to increase the capacity of participants to develop BDI Logic Models for the purpose of designing programs to reduce adolescent sexual risk-taking behaviors and to evaluate the effectiveness of adolescent reproductive health programs.

<table>
<thead>
<tr>
<th>Workshop/Training</th>
<th>Audience</th>
<th>Duration</th>
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<tbody>
<tr>
<td>Askable Adult: Talking to Teens About Tough Topics</td>
<td>Parents, grandparents, foster parents, adults working with youth, and any healthcare professional</td>
<td>Half-day or one-day options</td>
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<tr>
<td>Reproductive Health 101</td>
<td>Educators new to teaching sex education, anyone who wants a refresher on the basics, health care professionals</td>
<td>One day</td>
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<tr>
<td>Roots &amp; Wings Training</td>
<td>Parents and trusted adults</td>
<td>Two hours</td>
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<tr>
<td>Trauma-Informed Care: A New Perspective on Adolescent Reproductive Health</td>
<td>Any adult working with young people</td>
<td>Two hours</td>
</tr>
<tr>
<td>Getting to Outcomes (GTO)</td>
<td>Any public health professional or adult working in prevention programming</td>
<td>Half-day or one-day options</td>
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Facilitator Trainings for Evidence-Based Programs

We can train facilitators in the following evidence-based programs for schools or youth-serving organizations. Please visit FactForward.org for full descriptions of each program.

Facilitation 101
This interactive training is designed to build the basic skills needed to effectively implement a youth program. Participants will learn the difference between training and facilitating, strategies to engage youth and adult participants and tips and tricks to enhance the learning experience.

Delivering Cultural Competent Care: Reimagining Health Care
In this training, participants will be introduced to the concept of cultural competency. Facilitators will explain how implicit bias and microaggression can cause negative effects in healthcare settings. By the end of the training, participants will be able to define the key terms and concepts, explain relevance to working in an adolescent patient setting, identify personal bias that affect patient care, and develop strategies to create awareness of implicit bias and microaggression.

Community Mobilization and Readiness: Is Your Community Ready? (Part 1)
In this training participants will be introduced to the concept of community mobilization. Facilitators will guide participants to become comfortable in their ability to facilitate a community needs assessment, and the beginning of a community mobilization process. By the end of the training, participants will be able to define key terms and concepts, and explain the relevance of community priorities, resources, and needs in such a way as to promote representative participation.

Community Mobilization and Readiness: Is Your Community Ready? (Part 2)
In this training participants will build on the concepts delivered in Part 1. Facilitators will guide participants to become more comfortable with the community mobilization process. By the end of the training, participants will be more competent in identifying, enlisting, and retaining community champions; leading mobilizers to achieve a consensus on identified priorities; and select best mobilization activities for community.

Friday Night in the ER
An experiential team learning experience used to develop essential organizational thinking skills and improve team performance. Facilitators will guide participants in an experiential learning tool that would engage people in a learning process, while simulating and illustrating dynamics that are common to complex systems. By the end of the training participants will foster an understanding of key systems principles in a way that enables people to gain insight about their relevance.
Why Fact Forward?

Fact Forward, formerly the South Carolina Campaign to Prevent Teen Pregnancy, has led an effort to advocate for adolescent reproductive health since 1994. We created one of the most successful state teen pregnancy prevention programs in the country, marked by a steep decline in teen pregnancy rates—but there’s still more work to do. STIs are on the rise, and unintended pregnancies among young adults are up. As Fact Forward, we continue to advocate for reproductive health by:

Training Professionals.

We train and support professionals and community advocates across the state and country to address reproductive health and wellness with the youth they serve. We provide this support via onsite workshops, webinars and online resources. We work with professionals and community partners to:

- Educate teens on how to make better choices, delay sexual activity, use contraception, and prevent repeat births;
- Urge schools to increase access to comprehensive sex education;
- Provide teen friendly reproductive health services.

Engaging Health Care Systems.

CREW (Collaborative for Reproductive Education and Wellness) helps healthcare systems effectively engage adolescent patients. The intensive collaborative provides the time and space necessary to help healthcare professionals assess current efforts and work as teams to maintain good initiatives and policies while using the process to make needed improvements along the way.

Raising Awareness.

We engage the media, youth serving professionals, and community members with innovative, up-to-date information about teen pregnancy prevention through our annual events such as Summer Institute, Contraceptive Leadership Summit, and teen birth rate data release. We also advocate for state and local policies that advance teen sexual health.

Focusing on Research & Evidence.

We promote evidence-based teen pregnancy prevention strategies. We conduct research and analyze data to improve programs and develop user-friendly fact sheets, publications and reports.

Investing in Communities.

Each year, we provide nearly $1 million in funding to organizations around the state to support the implementation of evidence-based teen pregnancy prevention strategies in a variety of settings.

Educating Parents & Teens.

Our branded initiative, Not Right Now: Put Pregnancy on Pause, serves as a straight-forward source of information for teens, parents, and teen parents.