

# Workshops & Trainings



Earn CEUs. Gain new skills.

*Fact Forward has been training professionals for over 20 years. We offer a variety of workshops for anyone who works with teens and parents or implements sexual health programs.*



## For Everyone

### Askable Adult: Talking to Teens About Tough Topics

Improve your skills for talking with adolescents about delicate topics and answering sensitive questions. By becoming an Askable Adult, you will gain essential tools to support teens in making healthy decisions about relationships, love and sex.

### Intro to Reproductive Health for Youth Serving Professionals

Gain a general overview of reproductive health as it relates to teen pregnancy prevention in South Carolina. Topics include reproductive anatomy and physiology, adolescent growth and development, HIV/STIs, and contraceptives.

### Roots & Wings Training

The goal of this workshop is to encourage parents to have open, honest conversations with their children. Parents will get tips on how to talk with their children about tough topics. This workshop does not include sexual health information.

### Getting to Outcomes (GTO)

Getting to Outcomes is organized around a 10-step process to help communities plan, implement, and evaluate the impact of their programs that attempt to prevent risky behaviors among adolescents. This process is both a model for carrying out prevention programming with quality and a support intervention aimed at enhancing practitioner capacity. This workshop will help communities choose the best program available that meets their needs.

### Designing and Evaluation with Intent

The goals of this two-day training are to increase the capacity of participants to develop BDI Logic Models for the purpose of designing programs to reduce adolescent sexual risk-taking behaviors and to evaluate the effectiveness of adolescent reproductive health programs.

### Understanding Unconscious Bias With Working with Adolescents

In this training youth serving professionals will examine how unconscious bias impact the lives of youth receiving services. Biases whether implicit or explicit are social constructs that can show up in our daily work and play a major role in decision making and other policies and procedures that could further marginalize young people. This training is interactive and designed to help youth serving professionals identify ways to actively work to minimize and eliminate biases that contribute to disparities based on race, ethnicity, gender, and socio-economic status in youth-serving organizations.

**Audience:** Parents, grandparents, foster parents, adults working with youth, and any healthcare professional

**Duration:** Half-day or one-day options

**Audience:** Educators new to teaching sex education, anyone who wants a refresher on the basics, health care professionals

**Duration:** One day

**Audience:** Parents and trusted adults

**Duration:** Two hours

**Audience:** Any public health professional or adult working in prevention programming

**Duration:** Half-day or one-day options

**Audience:** Any public health professional or adult working in prevention programming

**Duration:** Half-day or one-day options

**Audience:** Any adult working with or on behalf of adolescents

**Duration:** 3 hours

## SCHEDULE A WORKSHOP!

Contact us at 803-771-7700 or [training@factforward.org](mailto:training@factforward.org)

# Workshops for Youth Serving Professionals

We train youth-serving professionals of all kinds, and we train the trainers who facilitate this type of work with topics that enhance their work. Please visit [FactForward.org](http://FactForward.org) for full descriptions of each program.

## Building Your Toolbox: Facilitation Skill Building for New and Experienced Facilitators

This interactive training is designed to build the basic skills needed to effectively implement a youth program. Participants will learn the difference between training and facilitating, strategies to engage youth and adult participants and tips and tricks to enhance the learning experience.

## Community Mobilization and Readiness: Is Your Community Ready? (Part 1)

In this training participants will be introduced to the concept of community mobilization. Facilitators will guide participants to become comfortable in their ability to facilitate a community needs assessment, and the beginning of a community mobilization process. By the end of the training, participants will be able to define key terms and concepts, and explain the relevance of community priorities, resources, and needs in such a way as to promote representative participation.

## Community Mobilization and Readiness: Is Your Community Ready? (Part 2)

In this training participants will build on the concepts delivered in Part 1. Facilitators will guide participants to become more comfortable with the community mobilization process. By the end of the training, participants will be more competent in identifying, enlisting, and retaining community champions; leading mobilizers to achieve a consensus on identified priorities; and select best mobilization activities for community.

## Friday Night in the ER

An experiential team learning experience used to develop essential organizational thinking skills and improve team performance. Facilitators will guide participants in an experiential learning tool that would engage people in a learning process, while simulating and illustrating dynamics that are common to complex systems. By the end of the training participants will foster and understanding of key system principles in a way that enables people to gain insight about their relevance.

**Audience:** Any public health professional or adult working in prevention programming

**Duration:** Half-day or one-day options

**Audience:** Any adult working with or on behalf of adolescents

**Duration:** Half-day or one-day options

**Audience:** Any adult working with or on behalf of adolescents

**Duration:** Half-day or one-day options

**Audience:** Healthcare providers and professionals, counselors, social services and direct care service providers

**Duration:** Half-day or one-day options

# Facilitator Trainings

We can train facilitators in the following evidence-based programs for schools or youth-serving organizations.

ORGANIZATION	CURRICULUM	AUDIENCE	DURATION
School or Community	Be Proud Be Responsible	14-18 year olds	2 days
School or Community	Making Proud Choices	12-18 year olds	2 days
School or Community	Healthy Futures	12-14 year olds	2 or 3 days
School or Community	Project Aim	11-14 year olds	2 days
School or Community	Reducing the Risk	14-18 year olds	2 days
School	Draw the Line/Respect the Line	12-14 year olds	3 days
Community	Making Proud Choices for Youth in Out-of-Home Care	12-14 year olds	2 days
Health Center	Safer Sex	12-23 year olds	2 days
Health Center	Seventeen Days	14-19 year olds	½ day
Correctional Facility	SHARP	14-19 year olds	2 days

Fact Forward envisions a world where all youth and young adults have the opportunity of a healthy, bright, self-determined future.

[FactForward.org](http://FactForward.org)