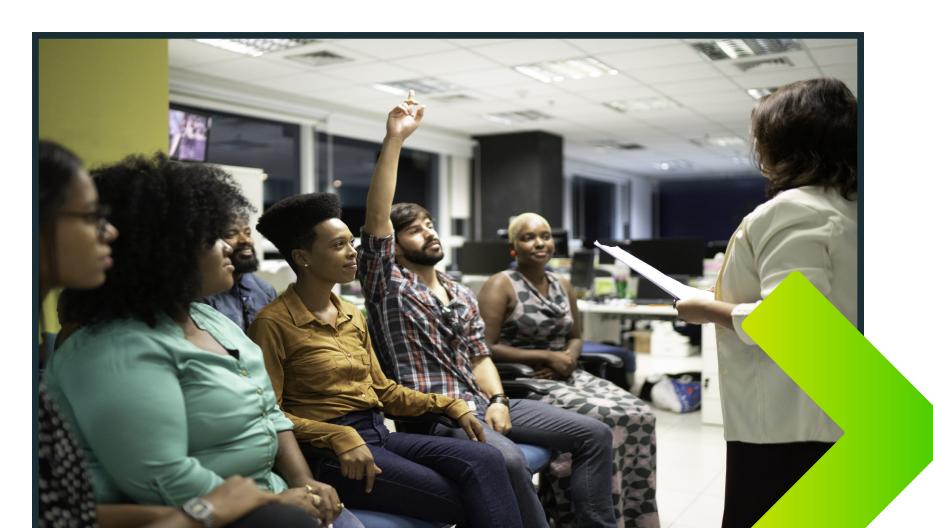
# What can you do?





Fact Forward is working to advance adolescent reproductive health.

You can help.

Over the past 25 years, the adolescent birth rate in South Carolina has declined 70%...but there's still more work to do. We face other challenges like rising STI rates and unintended pregnancies among adolescents of all ages.

The good news? Small efforts on your part can make a big impact on the adolescents in our state.

We've done our research and we know if you focus on these four areas, you'll help address the challenges for the next generation.

# **Evidence-based programs**

These educational programs and curricula can focus on broad skills, like decision making, or specific skills, like educating about contraception options. All of these programs are evidence-based—or in other words, they've been proven to be effective in reducing risky behaviors and adolescent pregnancy. They can be tailored to specific age groups and goals—so it's easy to find one that's appropriate for any group.

# What can you do?

## Schools, youth-serving organizations, and faith leaders

Talk with Fact Forward to get help starting an evidence-based program in your school, organization, or place of worship.

Find an evidence-based program at factforward.org/curriculum

#### **Policy makers and community members**

Support organizations that provide evidence-based education to young people. *Get more information at factforward.org/policymakers* 

# Adolescent-friendly family planning services

If you ask adolescents whether or not they want to have a baby in the next year, the answer is most likely no. Adolescent-friendly planning services give the education, tools, and access to contraception that they need to prevent pregnancy. This is all done in a safe, non-judgmental setting that adolescents feel comfortable accessing.

## What can you do?

#### **Healthcare Providers**

Get trained on how to provide adolescent-friendly care and resources. Find a training at factforward.org/CREW

#### Colleges

Provide educational resources on campus.

Get examples at factforward.org/CollegeCampus

#### **Policy Makers**

Create policies to support adolescent-friendly planning services as a strategy to improve academic success and the health of our state.

Get resources, facts, and figures at factforward.org/policymakers

# Adolescent-friendly condom access points

We tell adolescents to choose abstinence and—if they choose to be sexually active—to protect themselves from pregnancy and STIs. But we also need to give them the means to do that through condom access points that are easy to get to, free or inexpensive, and judgement-free. Those access points can be places where adolescents go often, like barber shops, stores, and college campuses.

## What can you do?

## Colleges, healthcare providers, youth-serving organizations, business leaders

We can help you become an adolescent-friendly condom access point. Contact us at factforward.org/contact.

#### Parent-child communication efforts

Research shows adolescents want to be able to talk about love, sex, and relationships with parents and trusted adults. But it's hard for both sides to start the conversation. Parentchild communication efforts are classes, programs, and resources that help give parents and adolescents the tools and the opportunity to start an ongoing conversation about love, sex, and relationships.

#### Community organizations, schools, business leaders, faith leaders

Host a training to help parents learn how to talk to their kids about love, sex, and relationships.

Get tips on how to get started at factforward.org/LetsTalk

## Want to do more?

Everyone can advocate for the issue by talking to their representatives, schools, and community organizations. You can also volunteer or donate to community organizations the focus on adolescents.



#### Who is Fact Forward?

Fact Forward, formerly the South Carolina Campaign to Prevent Teen Pregnancy, has led the statewide effort for age appropriate, medically accurate sexual health education and access to adolescent friendly reproductive health services since 1994.



1331 Elmwood Ave., Suite 300 Columbia, SC 29201 FactForward.org